



CANADIAN FERTILITY AND ANDROLOGY SOCIETY
SOCIÉTÉ CANADIENNE DE FERTILITÉ ET D'ANDROLOGIE

The IVF Medical Directors Position Statement

2012

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1. Unanimously support the goals of each clinic reducing their respective multiple pregnancy rate associated with IVF to 25% by 2012 and to 15% by 2015.
2. Support each clinic promoting eSET for good prognosis patients including oocyte donor cycles where the donor is less than 35 years of age and classified as a good prognosis donor.
3. Support a reduction in the number of embryos replaced in cycles where more than one embryo is replaced (especially in women over age 35).
4. Support the development and distribution of educational material for physicians and the public relating to the facts associated with multiple pregnancies including not only the medical risks to mothers/ fetuses/newborns/children but also the social, emotional and financial implications.
5. Support the development of novel, improved, integrated counselling methods for patients in order to assist them in making an appropriate informed choice regarding the number of embryos to be replaced.
6. Propose establishing a clinic-specific multiple pregnancy risk minimization strategy.