

NURSING SIG & COUNSELLING SIG WORKSHOP



AGENDA

WEDNESDAY, SEPTEMBER 20TH, 2023

9:00 AM - 4:00 PM EST

ROOM: PIER 4



CFAS Nursing SIG & Counselling SIG Workshop:

8:50 am - 9:00 am EST

Introduction & Welcome

9:00 am - 10:15 am EST

Lecture 1: Sticks and Stones May Break My Balls, but IVF Will Not Hurt Me - FAQs From Men Undergoing ART



Dr. Peter Chan

Dr. Peter Chan is Professor of Surgery and Director of Male Reproductive Medicine of McGill University Health Centre. He is Past President of the Society of Reproductive Surgeons and Past Chair of the Finance Committee of the American Society of Reproductive Medicine in which he has served as an Executive Board member. He is currently an advisor of the Gender and Health Institute of the CIHR. He is Co-Editor of the Andrology Handbook published by the American Society of Andrology.

Learning Objectives

- A. Describe the indications of various evaluation approaches for the male partners in couples undergoing fertility care.
- B. Outline the counseling, medical and surgical management strategies to enhance the general and reproductive health of the male partners.
- C. Understand how to optimize the quality of sperm to be used with assisted reproduction to minimize reproductive failure.

10:15 am - 10:30 am EST

Health Break

10:30 am - 11:45 am EST

Lecture 2: Intimacy, Sex and Infertility



Kelly McDonnell-Arnold

Kelly McDonnell-Arnold is a Certified Sexologist, Individual and Relationship Therapist and Masters Level Registered Social Worker (RSW) and Registered Psychotherapist (RP). She has a particularly strong interest in personal and sexual development and empowerment, increasing intimacy, trust, and sexual satisfaction between partners. Three years later, her dream of founding a collaborative group practice was realized with the launch of Bliss Counselling in 2013.

Learning Objectives

- A. TBA.
- B. TBA.
- C. TBA.



11:45 am - 12:30 pm EST

Lunch

12:30 pm - 2:00 pm EST

Lecture 3: "Black Women Don't Have Infertility": A Historical Perspective on Fertility Stereotypes in Black Women

Regina Townsend



Regina Townsend is a professional youth librarian, health blogger and infertility advocate. She is passionate about bringing light to the struggle of infertility in the African American community. To that end, she is the founder of The Broken Brown Egg, an internationally recognized infertility advocacy organization. As a blogger and infertility advocate, Regina uses words and outreach to provide support and resources to those who have been affected by reproductive health difficulties and their mental, social, and emotional impacts.

Learning Objectives

- A. TBA.
- B. TBA.
- C. TBA.

Dr. Tia Jackson-Bey



Tia Jackson-Bey MD, MPH is a board certified reproductive endocrinologist and infertility specialist and obstetrician gynecologist who cares for patients at RMA of New York's Brooklyn office. Dr. Jackson-Bey is passionate about reproductive justice and increasing access to fertility care for all. Dr. Jackson-Bey is a talented surgeon and dedicated fertility expert, who is focused on fertility preservation, IVF success, and great outcomes for her patients.

Learning Objectives

- A. TBA.
- B. TBA.
- C. TBA.

2:00 pm - 2:15 pm EST

Health Break

2:15 pm - 3:30 pm EST

Lecture 4: Science of Hope in the Clinical Setting



Karen Trainoff

Karen Trainoff is a personal and professional Positive Psychology Health Coach, Social Service Worker and Registered Dietitian. Karen knows first-hand that tapping into the science of hope can be practical and enhance overall well-being.. She uses a combination of academic and lived experiences to apply the most cutting edge, evidenced-based methods to her practice. Karen works with clinical professionals as well as individuals to help them find hope, joy, boost resilience and enhance their overall physical and emotional well-being.

Learning Objectives

- A. Learn about the science of hope and how it's more than wishful thinking.
- B. Come away with practical tools to help promote hope in your clinical practice.
- C. Discover how to utilize hope during times of great adversity and uncertainty to enhance overall well-being.

3:30 pm - 4:00 pm EST

Panel Discussions with Speakers