



EASTERN CANADA REGIONAL MEETING



MAY 15, 2026



8:00 AM - 5:00 PM



HOTEL OMNI MONT ROYAL

1050 Sherbrooke St W,
Montreal, Quebec H3A 2R6



info@cfas.ca



514-300-1333



www.cfas.ca



Eastern Canada Regional Meeting

8:30 am - 4:30 pm EST

Exhibit Hall Open

8:00 am - 9:00 am EST

Registration & Breakfast

8:25 am - 8:30 am EST

Introduction & Welcome

8:30 am - 10:00 am EST

Adolescents and Oncofertility

Long Term Consequences of Childhood/Adolescent Cancer: Sexual, Emotional, and Mental Health Considerations in Cancer Survivors



Dr. Stéphanie Dufour

Dr. Stéphanie Dufour is a specialist in Reproductive Endocrinology and Infertility and Pediatric and Adolescent Gynecology. Her practice focuses on fertility preservation, assisting patients facing infertility, planning for future family-building, or undergoing medical treatments such as chemotherapy that may impact fertility.

She completed her medical degree at McGill University and a residency in Obstetrics and Gynecology at Laval University. She then pursued fellowships in Pediatric and Adolescent Gynecology at CHEO and Reproductive Endocrinology and Infertility at the Ottawa Fertility Centre. In addition, she trained in Fertility Preservation at l'Université de Lille in France, a center of excellence in the field. This advanced training included expertise in ovarian tissue cryopreservation and transplantation, expanding the options available for patients seeking to safeguard their fertility.



10:00 am - 10:30 am EST

Health Break

10:30 am - 11:00 am EST

Non-Invasive Embryo Selection



Dr. Samantha Torrance

Dr. Samantha Torrance has been the Laboratory Director at the Ottawa Fertility Centre since 2022, overseeing all aspects of operations and quality in the ART laboratory. Prior to this role, she completed a PhD in Cellular and Molecular Medicine under the supervision of Dr. Jay Baltz, focusing on mechanisms of cell volume regulation in oocytes and preimplantation embryos. Transitioning from research to clinical embryology further strengthened her passion for reproductive biology, alongside a continued commitment to supporting basic science research and its clinical translation. Dr. Samantha Torrance is dedicated to increasing awareness of the field through work as a lecturer in Reproductive Biology at the University of Ottawa and as a faculty member of the GREI fellowship program at The Ottawa Hospital. Drawing on both research and clinical experience, her goal is to advance patient-centred care and improve ART outcomes.

11:00 am - 11:30 am EST

When PGT is in Doubt: Laboratory and Clinic Collaboration and Investigation of Root Causes of PGT Discrepancies



Dr. Alyssa Snider

Dr. Alyssa Snider is a PhD geneticist and certified genetic counselor. Dr. Snider is the Director of Clinical Genetic Services at Igenomix, where she helped grow the company since its inception in the United States. She directs Igenomix's clinical genetic testing services, including PGT-A and PGT-M, and oversees the genetic counseling department. She is the Vice Chair for ASRM's PGT special interest group, a past chair for ASRM's genetic counseling special interest group, and a past chair for the National Society of Genetic Counselors ART/infertility special interest group.



11:30 am - 12:00 pm EST

Landscape of Genetic Testing in Reproductive Medicine



Dr. Nellie Fotopoulos

Dr. Nellie Fotopoulos, PhD, CCGC is a certified genetic counsellor and Director of the Division of Genetics at Fertilys, a private fertility clinic in Quebec. She holds a master's degree in Molecular and Cell Biology, a PhD in Human Genetics as well as a degree in Genetic Counselling from McGill University. She specializes in reproductive genetics, with a focus on the genetic causes of infertility, preconception screening, and the integration of genomic technologies into fertility care. She leads the development and implementation of molecular genetic testing tools as part of broader efforts to advance precision medicine in reproductive health.

12:00 pm - 12:30 pm EST

Transferring Abnormal Embryos



Dr. Maude Lefebvre

Dr. Maude Lefebvre completed her doctorate in medicine at the Université de Montréal in 2007 and completed her training as a geneticist at Ste-Justine Hospital, Université de Montréal, in 2012. She was certified by the Royal College of Physicians and Surgeons of Canada (Medical Genetics) in 2012.

Following these five years of specialization, Dr. Lefebvre pursued a one-year over-specialization in infertility, prenatal diagnosis and hereditary cancer genetics at McGill University (Royal Victoria Hospital, Montreal General Hospital and Jewish General Hospital) as well as at Mount Sinai Hospital, University of Toronto. She has been practicing since 2013 in the gene medicine department of the Centre Hospitalier de l'Université de Montréal (CHUM) as well as at the clinic ovo.

12:30 pm - 13:30 pm EST

Lunch



13:30 pm - 14:00 pm EST

Surgical Treatment of Adenomyosis



Dr. Togas Tulandi

Dr. Togas Tulandi is a Professor of Obstetrics and Gynecology and holds the Milton Leong Chair in Reproductive Medicine at McGill University. He served as the Chair of Obstetrics and Gynecology at McGill University from 2015 to 2026. In addition to his medical degrees, Dr. Tulandi earned an MSc in Health Care Management from Harvard University. He is the author of over 450 peer-reviewed articles, 60 book chapters, and 14 books. He is a Past President of Society of Reproductive Surgeons, the Canadian Fertility and Andrology Society and the Fellowship Board of the American Association for Gynecologic Laparoscopists (AAGL).

An internationally recognized reproductive and endoscopic surgeon, Dr. Tulandi serves on the editorial boards of several medical journals and is Editor-in-Chief of Gynecologic Obstetrics Investigation. Dr. Tulandi has received numerous honors, including the Award of Excellence in Reproductive Medicine, the Society of Reproductive Surgeons (SRS) Distinguished Surgeon Award, Life Time Award of Excellence in Gynecology and the Rodolphe Maheux Award for “exceptional achievement for women’s health in Quebec”, and was inducted as a Fellow of the American Academy of Health Sciences. He is also listed in Best Doctors in Canada.

14:00 pm - 14:30 pm EST

Implantation Failure in Endometriosis and Adenomyosis: From Biology to Clinical Strategy



Dr. Ali Mourad

Dr. Ali Mourad is an REI specialist and Assistant Professor at Université de Montréal, practicing at CHUM and OVO Fertility. He is also a Research Investigator at the CRCHUM. His work focuses on endometriosis in infertility and reproductive genetics.



14:30 pm - 15:00 pm EST

Health Break

15:00 pm - 15:15 pm EST

Quebec Regulations for Surrogacy: A Provincial and Federal Regulatory Overview

15:15 pm - 16:00 pm EST

PANEL: Third Party Reproduction – What is Covered Under Provincial Healthcare Plans, Creation of Embryos, Surrogacy, and Age Limits



Dr. Simon Phillips

Simon Phillips is a clinical embryologist with 30 years experience in the field of human embryology. He earned a bachelor's degree in biological sciences from the University of Portsmouth, a master's in clinical embryology from the University of Leeds and his PhD from the University of Plymouth; all in the UK where he started his career. Having worked in IVF laboratories in the UK and Canada, Simon is currently the Regional Scientific Director for The Fertility Partners / OVO Fertility where he has worked for over 20 years and oversees the laboratories in three IVF centres. He is a Past President of the Canadian Fertility and Andrology Society and a clinical lecturer in the faculty of medicine at the University of Montreal.



Courtney Anderson

Courtney Anderson is the Nurse Practitioner at the Ottawa Fertility Centre. Courtney's passion for reproductive health led her to become a Board-Certified Women's Health Care Nurse Practitioner following the completion of the Master of Science in Nursing program at Vanderbilt University in Nashville, Tennessee. She completed the Post-Master Nurse Practitioner Diploma program at the University of Toronto to gain licensure as a Nurse Practitioner in Ontario. Courtney holds a Reproductive Health and Infertility Subspecialty Certification and her practice specializes in polycystic ovarian syndrome (PCOS) and third-party reproduction. She enjoys collaborating with colleagues on quality improvement and program development to enhance the experience of both her patients and clinic family. Courtney is motivated to make meaningful contributions to both the field of fertility and the profession of nursing as they continue to evolve.



Michelle Belliveau

Michelle B. graduated with a Bachelor of Nursing from McGill University in 1996. For the past 22 years, she has been part of the McGill University Health Centre Reproductive Centre, where she has been actively involved in patient care in reproductive health. Since October 2023, she has held the position of Quality and Safety Officer, supporting quality improvement and patient safety initiatives within the department.



16:00 pm - 17:00 pm EST

Is There Such a Thing as RIF and How Should We Treat It?

Dr. Roland Antaki



Pro

Coming from three generations of gynecologists, Dr. Roland Antaki completed his medical degree at the Faculty of Medicine of the University of Aleppo (Syria). He then moved to Canada, where he pursued an obstetrics and gynecology residency at the University of Sherbrooke. Subsequently, he completed a fellowship in Gynecological Reproductive Endocrinology and Infertility (GREI) at the University of Montreal. Dr. Antaki currently serves as an Associate Clinical Professor and Chief of the Division of Reproductive Medicine and Biology in the Department of Obstetrics and Gynecology at the University of Montreal Hospital Center. He holds the position of Director of the GREI fellowship program and co-director of the "Endocrinology and Reproduction" course for second-year medical students at the University of Montreal. Dr. Antaki maintains an active practice in GREI, as well as obstetrics and gynecology at the University of Montreal Hospital Center and OVO Fertility Clinic.

Dr. Elias Dahdouh



Elias M. Dahdouh is board-certified specialist in Obstetrics & Gynecology and Reproductive Endocrinology & Infertility, with over 18 years of experience in clinical practice and academic research. As the Founding Medical Director of the ART Center at CHU Sainte-Justine, he has significantly advanced reproductive medicine in Quebec and Canada through clinical innovation and program development. Prof. Dahdouh actively contributes to shaping reproductive health policy and serves in leadership roles within provincial and national organizations. His pioneering work in Oncofertility, Preimplantation Genetic Testing (PGT), and Recurrent Pregnancy Loss (RPL) has set new standards in fertility care across Canada. He is also deeply committed to mentoring the next generation of specialists and researchers in the field.

Dr. Mike Ripley



Con

Dr. Mike Ripley is a Reproductive Endocrinologist at Atlantic Fertility and an Assistant Professor in Obstetrics and Gynaecology at Dalhousie University. He completed a fellowship in Gynecologic Reproductive Medicine at the University of Ottawa's Ottawa Fertility Centre in 2015. Prior to this, he graduated from medical school and completed a residency in Obstetrics and Gynecology at Dalhousie University. His clinical interests include markers of ovarian reserve, fertility preservation, and recurrent pregnancy loss.

Dr. Shauna Reinblatt



Dr. Shauna Leigh Reinblatt practices reproductive endocrinology and infertility at the McGill University Health Centre (MUHC) Reproductive Centre where she has been medical director and REI division head since October 2024. She is also an Assistant Professor at McGill University's Department of Obstetrics and Gynecology where she served as program director from 2013 until 2024. She now acts as competency chair at the University as well as past vice-chair of the GREI exam committee at the Royal College. Dr Reinblatt has publications in several areas of infertility such as thyroid disease, PCOS and optimization of assisted reproductive technologies (ART) treatments. She also collaborates with the department of psychology in studying effects of sleep dysfunction on reproduction.



This event is accredited for MOC Section 1 Group Learning credits

Accredited by UBC CPD



THE UNIVERSITY OF BRITISH COLUMBIA

Continuing Professional Development

Faculty of Medicine

Accreditation Statement

The Division of Continuing Professional Development, University of British Columbia Faculty of Medicine (UBC CPD) is fully accredited by the Continuing Medical Education Accreditation Committee (CACME) to provide CPD credits for physicians. This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by UBC CPD. You may claim a maximum of 6.5 hours (credits are automatically calculated). Each physician should claim only those credits accrued through participation in the activity.



**THANK YOU TO OUR
CHAMPION SPONSORS**

FERRING

PHARMACEUTICALS

**EMD
SERONO**

**TO OUR
PLATINUM SPONSOR**



ORGANON

**TO OUR
EXHIBITORS**



FERTILITY
BILLING SOLUTION

VITROLIFE GROUP™

EXCELLENCE IN REPRODUCTIVE HEALTH

Igenomix®

Vitrolife



CFAS Eastern Canada Regional Meeting 2026

8:30 am - 5:00 pm EST	Exhibit Hall Open
8:00 am - 9:00 am EST	Registration and Breakfast
8:25 am - 8:30 am EST	Introduction and Welcome
8:30 am - 9:15 am EST	Adolescents and Oncofertility Dr. Stéphanie Dufour
9:15 am - 10:00 am EST	Long Term Consequences Of Childhood/Adolescent Cancer: Sexual, Emotional, And Mental Health Considerations In Cancer Survivors Dr. Stéphanie Dufour
10:00 am - 10:30 am EST	Health Break
10:30 am - 11:00 am EST	Non-Invasive Embryo Selection Dr. Samantha Torrance
11:00 am - 11:30 am EST	When PGT is in Doubt: Laboratory and Clinic Collaboration and Investigation of Root Causes of PGT Discrepancies Dr. Alyssa Snider
11:30 am - 12:00 pm EST	Landscape of Genetic Testing in Reproductive Medicine Dr. Nellie Fotopoulos
12:00 pm - 12:30 pm EST	Transferring Abnormal Embryos Dr. Maude Lefebvre
12:30 pm - 13:30 pm EST	Lunch
13:30 pm - 14:00 pm EST	Surgical Treatment of Adenomyosis Dr. Togas Tulandi
14:00 pm - 14:30 pm EST	Recurrent Implantation Failure in Patients With Endometriosis and Adenomyosis: What is New? Dr. Ali Mourad
14:30 pm - 15:00 pm EST	Health Break
15:00 pm - 15:15 pm EST	Quebec Regulations for Surrogacy: A Provincial and Federal Regulatory Overview
15:15 pm - 16:00 pm EST	PANEL: Third Party Reproduction – What is Covered Under Provincial Healthcare Plans, Creation of Embryos, Surrogacy, and Age Limits
16:00 pm - 17:00 pm EST	Debate: Is There Such a Thing as RIF and How Should We Treat It?
17:00 pm - 18:00 pm EST	Closing Remarks & Reception